

Middle Atlantic Swimming

2024 LCM JUNIOR CHAMP TIME STANDARDS

GIRLS			JR's	BOYS		
LCM	SCM	SCY	13-14	SCY	SCM	LCM
29.69	29.09	26.09	50 Fr	24.49	27.39	27.89
1:03.79	1:02.79	56.39	100 Fr	53.09	59.19	1:00.19
2:18.69	2:15.89	2:02.49	200 Fr	1:56.29	2:09.19	2:11.89
4:52.59	4:47.29	5:28.29	400 Fr	5:14.79	4:33.79	4:40.89
19:37.59	19:03.79	19:19.19	1500 Fr	18:34.49	18:23.99	18:56.49
1:12.89	1:10.69	1:03.59	100 Back	1:00.39	1:07.49	1:09.59
2:36.89	2:32.89	2:17.59	200 Back	2:11.99	2:27.09	2:30.99
1:23.09	1:21.29	1:13.09	100 Breast	1:08.39	1:17.39	1:19.09
2:59.99	2:57.69	2:39.69	200 Breast	2:31.69	2:50.09	2:52.19
1:11.89	1:10.79	1:03.69	100 Fly	59.59	1:06.89	1:07.89
2:43.09	2:41.49	2:24.89	200 Fly	2:17.19	2:33.99	2:35.59
2:38.49	2:34.29	2:18.99	200 IM	2:11.19	2:26.69	2:30.69
5:39.69	5:30.19	4:55.39	400 IM	4:44.59	5:19.19	5:28.19
LCM	SCM	SCY	11-12	SCY	SCM	LCM
31.09	30.49	27.29	50 Fr	27.29	30.49	31.09
1:08.29	1:07.09	59.99	100 Fr	59.99	1:07.09	1:08.29
2:26.79	2:25.19	2:10.79	200 Fr	2:10.79	2:24.79	2:27.69
5:12.29	5:03.89	5:49.39	400 Fr	5:49.99	5:03.99	5:12.29
21:05.09	20:29.89	20:45.89	1500 Fr	20:30.99	20:02.59	20:38.29
36.88	35.28	31.79	50 Back	31.79	35.29	36.49
1:16.99	1:15.39	1:07.89	100 Back	1:08.29	1:16.79	1:18.09
2:48.69	2:44.39	2:26.79	200 Back	2:29.79	2:46.99	2:51.39
41.59	39.99	35.99	50 Breast	35.99	39.99	40.99
1:28.09	1:26.49	1:17.89	100 Breast	1:19.09	1:28.49	1:30.49
3:12.29	3:09.89	2:49.99	200 Breast	2:52.69	3:11.89	3:14.29
34.69	33.69	29.89	50 Fly	29.99	33.39	34.39
1:17.99	1:16.39	1:08.79	100 Fly	1:08.79	1:16.59	1:17.69
3:04.79	3:03.19	2:44.99	200 Fly	2:39.99	2:57.59	2:59.39
NA	1:16.59	1:08.99	100 IM	1:08.69	1:16.29	NA
2:46.59	2:44.99	2:28.59	200 IM	2:28.59	2:45.19	2:49.69
6:07.19	5:57.09	5:20.29	400 IM	5:21.99	5:58.69	6:08.89
LCM	SCM	SCY	10 & U	SCY	SCM	LCM
35.99	35.39	31.59	50 Free	31.29	34.99	35.69
1:18.89	1:17.59	1:09.99	100 Fr	1:09.99	1:17.59	1:18.89
2:51.59	2:48.09	2:31.89	200 Fr	2:32.39	2:48.69	2:52.19
6:04.09	5:54.29	6:47.99	400 Fr	6:48.99	5:54.79	6:04.59
42.09	40.79	36.59	50 Back	36.59	40.79	42.09
1:32.69	1:29.89	1:20.99	100 Back	1:20.99	1:29.89	1:32.69
48.39	47.19	42.59	50 Breast	42.79	47.39	48.59

1:44.39	1:41.99	1:31.39	100 Breast	1:32.29	1:42.59	1:44.79
40.39	39.29	35.19	50 Fly	35.19	39.29	40.39
1:35.59	1:34.09	1:23.99	100 Fly	1:24.39	1:33.69	1:35.09
3:17.39	3:12.59	2:53.99	200 IM	2:54.99	3:13.49	3:18.29

